

# Mechanical Restraint - Confounder, Risk, Alliance Score (MR-CRAS)

MR-CRAS user manual gives details on how to use this checklist

Basic data: (to be completed for each checklist)	
Date	
Checklist no.	
Sex/age	
Mechanical restraint start/end	Start: date/time:                      End: date/time:
Primary diagnosis	
Initial reason/s for mechanical restraint	
Current reason/s for mechanical restraint	

Confounders	Time:	Time:	Time:	Time:	Time:	Time:	Time:	Time:
(mark with an 'x' if present)								
Withdrawal or cravings								
Compliance problems								
The patient wants to remain restrained								
Delusions								
Conceptual disorganization								
Hallucinations								

Risks	Time:	Time:	Time:	Time:	Time:	Time:	Time:	Time:
(mark with an 'x' if present)								
Irritable								
Boisterous								
Threats of self-harm								
Verbal threats								
Attacking objects								
Physical threats								
Self-harm								
Violence against clinicians								

Parameters of alliance	(No degree = 0, Low degree = 1, High degree = 2)							
(score: 0, 1, or 2)	Time:	Time:	Time:	Time:	Time:	Time:	Time:	Time:
Is there contact with the patient?								
Is there cooperation with the patient?								
Can the patient's behaviour be corrected?								
Does the patient have insight into his/her own situation?								

**Comments**

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**Agreements form****Agreements made****Assessment of the patient's adherence to agreements****Time**

Time		